



# Lindsey VERTNER

HAPPINESS YOU DESERVE

M.S. PROFESSIONAL COUNSELING & COACHING  
PERSONAL DEVELOPMENT COACH  
TRANSFORMATIONAL SPEAKER  
LEADERSHIP CONSULTANT

## CONTACT



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www.LindseyVertner.com

www.TheUnleashedWoman.net

## EXPERTISE

Creating Happiness  
Healing Limiting Beliefs  
Inspirational Life Experiences  
Intentional Goal Setting  
Leadership  
Overcoming Fear  
Self-Care/Work-Life Balance  
Self-Worth/Confidence

## SOCIAL MEDIA

facebook.com/LindseyVertner

@LindseyVertner

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youtube.com/LindseyVertnerLLC

linkedin.com/in/LindseyVertner

## ABOUT

With clients in 3 countries (and growing), Lindsey helps overwhelmed women live a passionate life full of purpose, balance, and the happiness they deserve. Using her "no excuses" coaching methods, she is an expert at helping women to prioritize their goals, juggle their many roles using self-care while avoiding burn-out, and overcome limiting beliefs to create a life they never thought possible. She was able to do this for herself after surviving a "fatal" car wreck where brain trauma and paralysis were only two of her many injuries.

She helps others to push through their obstacles and create triumphs...even when ALL odds are against them. Often referred to as a "walking miracle", she uses her unique perspective to inspire women around the world that if she can recover from death's grip and create a life worth living, they can, too!

## TESTIMONIALS

"Every time I hear Lindsey speak, I am motivated beyond belief. She always gives real life examples and effective tips to help us grow at a deep, inner level. I can't measure how much she's positively impacted my life!"

~"THE UNLEASHED WOMAN" CONFERENCE ATTENDEE

"I have to say that Lindsey is a very exceptional and amazing person to work with! She was very professional and dealt with me with integrity. I sat in on her session, and I was captivated. She has the gift of allowing you to not put your issues off on other people. She's truly about honing in on who you are and what you need to deal with in your life. If you haven't already worked with her or heard her, I would highly recommend it!"

~VICTORIA NECOLE, "SHE'S CONFIDENT" CONFIDENCE COACH & AUTHOR

## BOOK LINDSEY TODAY!

Coaching & Consulting  
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Host/Emcee  
Keynote/Seminar Speaker  
Workshop Facilitator



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